



## **Orientation program for AYUSH and Conventional medical doctors**

Greetings! National Institute of Naturopathy is happy to announce one day “Orientation program on Naturopathy and Yoga” for Medical doctors (AYUSH and Modern medicine). This workshop is scheduled on August 19, 2017 at National Institute of Naturopathy, Pune.

### **Program Description**

This course is intended to introduce basic concepts of Naturopathy and yoga. A drastic shift in disease patterns from communicable disease to Non communicable diseases is witnessed in the present era. A holistic and individualized care with a focus on staying healthy, where primary and secondary prevention plays a major role is important in managing NCD'S, as this ensures all the planes of health has been attended properly. Yoga and Naturopathy provides such holistic and individualized care to an individual where the former heals the mind and spirit, whereas the later is a system of medicine which uses body's innate capacity to cure diseases and treats the human body as a complete unit. The ultimate aim of Yoga and Naturopathy is to promote the inherent power within the human body and to accelerate self-healing capacity. This program is intended to establish a platform for integration of Naturopathy and Yoga with other systems of medicine and enhance the health of the people and fasten the process of healing in an individual by imbibing the best practices of medicine for the health and wellbeing.

### **Who should attend?**

Registered medical doctors from Allopathy , Ayurveda, Homeopathy, Unani , Siddha

**Selection procedure:** First come first serve, based on the eligibility criteria and seat availability on prior registration. Fill in the registration form attached below and send it to :

**[ninpune@vsnl.com](mailto:ninpune@vsnl.com) or [consultant@punenin.org](mailto:consultant@punenin.org)**

**Registration Fee: None**

**The last date for registration is 17<sup>th</sup> August 2017**

**Venue:**

**National Institute of Naturopathy**

Bapu Bhavan, Matoshree Ramabai Ambedkar road

Opposite Hotel Pancharatna, Pune

Please contact us, if you need any additional information.

**020-26059182/3/4/5**

**9823262179/8446720254**

**[ninpune@vsnl.com](mailto:ninpune@vsnl.com) or [consultant@punenin.org](mailto:consultant@punenin.org)**

## Orientation program for AYUSH and Modern Medicine Doctors on Naturopathy and Yoga

### Program Schedule

<b>10.15 to 10.30 AM</b>	<b>Inauguration</b>	
<b>10.30 to 11.30 AM</b>	Biomedicine: Biological changes through Naturopathy	Prof. (Dr.) S.T. Venkateswaran, HOD, Department of Yoga, Govt. college of Yoga and Naturopathy, Chennai
<b>11.30 to 11.45 AM</b>	Refreshment Break	
<b>11.45 to 12.45 PM</b>	Pyschoneuroimmunology: Yoga as a mind body medicine	Dr. Sarang Patil, Medical Director, Shivambu Yoga & Nature Cure Hospital
<b>12.45 to 2.00 PM</b>	Lunch break	
<b>2.00 PM to 3.00 PM</b>	Exposure visit to Naturopathy treatment section	Dr. Pranav Khawale, Medical Officer, National Institute of Naturopathy, Pune
<b>3.00 to 3.15 PM</b>	Refreshment Break	
<b>3.15 to 4.15 PM</b>	Integrating yoga and Naturopathy with other systems	Dr. Pradeep.M.K, Senior Medical officer, National Institute of Naturopathy, Pune

# National Institute of Naturopathy, Pune

## Registration Form

Date:.....

Name	
Age	
Qualification	
Medical Regn No.	
Designation	
Specialty	
Institution/clinic	
Address	
Phone /Mobile	
Email	

**Note: Please attach self attested certificate of medical registration**

**Signature:** .....